



BILLBOARD

October 19

Group cares: Legacy Care Group for widows of returned servicemen meets at the RSL Hall, 58 Arnold St, Holland Park, on the third Thursday of each month at 10.30am. Phone 3349 0203 or 3349 8047.

Musical Afternoon Tea:

East Brisbane Community Centre, 538 Vulture Street East, East Brisbane, provides the opportunity to enjoy afternoon tea while singing along to golden oldies. Door-to-door pick-up and drop-off (geographical boundaries apply). Time: 1.30pm. Cost: \$3. Phone: 3891 5686

October 21

Day care celebration: Carina Family Day Care celebrates 30 years on October 21, at the Church of the Good Shepherd, 152 Belmont Rd, Tingalpa, from 2-5pm. Fun for young and old with pony rides, jumping castle, face painting, children's art sale and displays. All families and carers past and present are invited. Phone 3349 1423.

October 22

Garage sale: A giant kids and

baby goods sale will be held at Yeronga Aussie Rules Club, Cansdale St, Yeronga, on Sunday, October 22 from 10am-noon. Buy and sell preloved baby, kids and maternity clothing, books, toys, prams and cots. Cost is \$15 table for sellers, \$1 entry for buyers. To book your stall, email babybazaar@optusnet.com.au or phone 38485499.

October 23

Sahaja Yoga Meditation: East Brisbane Community Centre, 538 Vulture Street East, East Brisbane, holds a free mediation class where you will experience mental, emotional, physical, and spiritual well-being. You will learn the techniques of how to meditate and keep yourself in balance. Time: 6.30pm. Cost: free. Phone: 1300 724 252.

For small businesses: A forum will be held in meeting room under the Bulimba Library, Oxford St, Bulimba. Forums are held bi-weekly to support owners of existing small businesses in the local area and to encourage those who aspire to own their own business. Discussion topic is Cash Flow Forecasting. Cost is

\$10. Email info@aniseconsulting.com

October 24

Womens Voices: East Brisbane Community Centre, 538 Vulture St East, East Brisbane, facilitate a group for women to share stories, advice, ideas, support, and friendship. Guest speakers. Professional support available. Time: 5-6.30pm. Cost: \$2. Phone: 1300 724 252.

Friendship, fellowship and fun: The Carina and Districts Probus Club invites retired and semi-retired couples (men and women), to their meetings held in The Courtyard, Carindale Hotel at 10am on the fourth Tuesday of each month.

Cake Icing Competition:

The Lions Club of Brisbane Riverside is looking for a community-minded person to ice of its famous Lions Christmas Cake, preferably someone who ices cakes as a hobby. Phone John on 3266 3948 or email riversidebris@acenet.net.au